

ALMS SHOPPING LIST

MEATS

Tuna
Vienna Sausage
Sardines
Chicken
Spam
Potted Mean

BOX GOODS

Rice
Pasta
Spaghetti
Ramen Noodles
Stuffing
Hamburger Helper

BREAKFAST ITEMS

Cold Cereal
Grits
Cream of Wheat
Oat Meal
Pop Tarts
Pancake Mix
Syrup

CANNED GOODS

Soups
Pork n Beans
Spaghetti Sauce
Baked Beans
Potatos

VEGETABLES

Green Beans
Corn
Greens / Collards
Pinto Beans
Peas

CANNED FRUITS

Fruit Cocktail
Apple Sauce
Peaches
Pears
Manderian Oranges
Mixed Fruit
Pineapple

DRINKS

Juice
Water
Tea
Cocoa
Soda
Kool-Aid

OTHER

Crackers
Peanuts
Granola Bars
Peanut Butter
Jelly
Popcorn

BABY ITEMS

Baby Formula
Baby Food
Diapers
Wipes
Bottles

MISC.

Toilet Paper
Laundry Detergent
Soap
Paper Towels
Lotion
Shampoo & Conditioner

When possible please purchase items with **POP TOP** lids.

UNTIL FURTHER NOTICE ALMS IS NOT ACCEPTING CLOTHES